

# SCHOOL SOLUTIONS FOR CHILDREN WITH CHRONIC PAIN

## 504 and IEP ... What's the Difference?

### 504 Plan

- Allow children to access their education in the form of accommodations to the learning environment
- Based on the civil rights law that protects those with disabilities from discrimination
- Not required to be a written plan
- 504 plan team is not required to be any specific people, not even parents
- No required progress reports as there are no required, set learning goals

### IEP (Individualized Education Plan)

- Creates an individualized special education plan to meet the needs of a child who needs specialized teaching & services
- Based on the federal education law called IDEA
- A written plan that is a legal document
- Sets learning goals & describes the services that the school must provide in a written plan
- Parents must be included as members of the IEP plan team (IEP team is made up of school staff, parents & student, if over 14)
- Requires progress reports toward learning goals

### Examples of accommodations for children with chronic pain:

- Allowing extra time between classes
- Textbooks in the classroom rather than being carried by the student
- Allow student to take breaks in a quiet area
- Extended time on assignments
- Teacher or peer copy of notes from class to limit amount of writing
- Use of technology for notetaking

**\*This is not a complete list of accommodations and can vary greatly based on the student's needs. As parents, you know what is best for your child!**

Learn more at:

[PEDIATRICPAINWARRIOR.ORG](https://www.pediatricpainwarrior.org)



The Pediatric Pain Warrior Program is part of the U.S. Pain Foundation, a 501(c)(3) organization dedicated to improving the lives of people with chronic conditions that cause pain.